



Welcome

How I turned my Life of Negative Labels into Positive Activity

With Casey Olsen



Who is Casey Olsen?

My Story





Living Life with Adversity

Learning to Cope with Negative Activities



Turning Negatives Into Positives



Setting Goals



The “Can-Do” Club



Life Beyond Labels





Who Wants to Set a Goal?

Everyone fill out a 3x5 card
With your Goal

Questions & Answers



Summary - You can Do it!

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