Digital Citizenship- Teaching a time and place. Using our tech as tools

Otherwise called "Teaching Digital Executive Functioning"

Objectives for Today

1) Supporting a student's Digital Citizenship and Executive Functioning are key in preparing our students for life after school.

1) Learning at least 1 new strategy/routine/app to incorporate digital executive functioning in your life

What is Digital Citizenship

Digital citizenship is the norms of appropriate, responsible technology use

There are 9 elements to digital citizenship but we will focus on 3 today:

Digital Literacy   Digital Communication   Digital Etiquette

Digital Communication: __What__ do we use to communicate with others digitally (email, text, cell phones...etc)

Digital Literacy: __How__ to use the tools.

Digital Etiquette: __Who__ do we effect when we use these tools. This is the way we act, respond, and are perceived when using technology.

What is Executive Functioning?

Executive function and self-regulation skills are the mental processes that enable us to plan, focus attention, remember instructions, and juggle multiple tasks successfully. Just as an air traffic control system at a busy airport safely manages the arrivals and departures of many aircraft on multiple runways, the brain needs this skill set to filter distractions, prioritize tasks, set and achieve goals, and control impulses.

(https://developingchild.harvard.edu/science/key-concepts/executive-function/)

Poor Executive Functioning Played Out Digitally

Executive Functioning — Digital Citizenship

There is a big gap between how students navigate the world and the technology that is so readily available.

We need to teach not only digital citizenship, but how their actions affect the digital world around them. Both present situations and future opportunities.

While we teach this with all students, our students take longer to process and integrate this into their _routines_.

What to teach

Teaching Self talk- "Is this something I want my employer to see/hear"

Establishing Routines- i.e Check my email everyday at 7am.

Creating Checklists

Safe and Not Safe?

Teach Perspective taking

Set a timer/alarms/reminders

Teach how to lose graciously

Mentorship- who's your tech mentor?

How to Teach

Setting up weekly meeting times (tech tuesday, meme monday)

Training our staff/families on these skill sets first

Setting up professional accounts (gmail, calendar, etc) Linking up these accounts with trusted people and why?

Working with routines to develop professional skill sets (i.e when you get an email....Read, Review, Respond)

Setting parameters of what to write in emails/resumes/etc

AT Tools to support learning- how to use them effectively (Prizmo, speech to text, text to speech)

Apps and Extensions to support Digital Citizenship/Executive Functioning

iOS

Reminders-Embedded To do list with alerts.

Calendar-Use the embedded calendar for reminders, alerts, and travel time to get to places.

Awesome Note-This app is a combined calendar, to do list, and reminders app in one.

Chromebooks

Connected Mind: Perhaps some students are not list makers- this offers a mapping / web option for organization

Stay Focused

Session Buddy

Apps and Extensions continued

Android

Awesome Note -This app is a combined calendar, to do list, and reminders app in one.

Hooks- Helps you use the alerts embedded on Android phone more effectively.

Evernote- List making and accessible on any device.

All devices

Google Keep- A note taking and to do list. **Keep** offers a variety of tools for taking notes, including text, lists, images, and audio.

Seeing AI- Reads text and documents.

Forest-Helps stay on task and off websites or phone. For every tree successfully grwon in app, a real tre is planted.

Useful tools to teach Digital Citizenship

General Digital Citizen Sites: Common sense media- Commonsense Media

9 Themes of Digital Citizenship - Digital Citizenship

Youtube videos: Be a Digital Citizen

Dave's Internet Safety Tips: For Teens:

Social Media Links: Facebook Safety

Email: Google Safety Center

Cognitopia website-